

Ann Johnson Absent Friends Trail Race 5 mile

A sunny but cold day welcomed us to the 2nd running of this race, however the previous day's rain made conditions very boggy, tough and testing. A minutes silence was held before the race in memory of Ann, and the race began.

The winner, **Brian Rushworth** of Sunderland Harriers came home in 27.53, a fantastic time considering the conditions, and also beating last years winning time, but I wouldn't class it as a course record as the course was run in reverse last year. Just behind him with a time of 28.28, Middlesbrough and Cleveland Harriers runner **Matthew Jones**. Third place was taken by our own **Gary Grounds** with a time of 29.14, and one second behind him was **James Askew** of Newton Aycliffe.

The 2nd place Marsh House Man, and yet again the first over 50's Vet overall, was **Phil Teece** with a time of 31.55 and he also earned 9th overall so well done Phil. Also in the top 10 overall and running for Marsh House was **Andy Marr**, just behind Phil with a time of 32.11

One place behind Andy was the first Lady overall **Carolyn Summersgill** of Middlesbrough and Cleveland Harriers with a time of 32.22. Next Marsh House Man was **Paul Hughes**, with a time of 33.55 and he also came in the top 20. One place behind Paul was **Tom Gale**, who despite the previous nights alcohol exploits provided another good Performance, 21st overall and a time of 34.08. One place behind was **Chris Hedley** who delivered a time of 34.11, but only taking it easy (so he says!!!!!!!!!!) but a good performance never the less. Next Marsh House Man was **Andy Davies**, also feeling not too healthy due to his alcohol marathon (or more) but still delivered a good time of 35.48, and 2 seconds behind him was **Gary Carter**, complete with incorrect footwear!!!!!!!!!!

The first Marsh House Lady was **Alison Carter** who got a time of 39.48 and behind her was **Helen Pritchard** (40.07) and **Jane Raper** with a time of 41.07. A great turnout of 23 Marsh House women competed so well done for that.

Catergory Results for Marsh House Runners :-

Senior Men

1st: Tom Gale
2nd: Chris Hedley
3rd: Andy Davies
4th: Gary Carter
5th: Grant Worrall

Male 40's Vets

1 st : Gary Grounds	11 th : Paul Wharton
2 nd : Andy Marr	12 th : Ian Harris
3 rd : Paul Hughes	13 th : Rick Lawton
4 th : Gary Dack	14 th : Craig Lightfoot
5 th : Ken Stephenson	15 th : Barry Johnson
6 th : John Gray	
7 th : Robert Simpson	

8th: Peter Greenan
9th: Gary Lynch

Male 50's Vets

1st: Phil Teece
2nd: John Lees
3rd: Joseph Foley
4th: Brian Watson
5th: Paul Vallender

Male 60's Vets

1st: Peter Braney
2nd: Peter Scott
3rd: Ken Ellis
4th: Keith Brown
5th: Leslie Gordon

Senior Female

1st: Helen Pritchard
2nd: Amanda McLeod
3rd: Emma Johnson
4th: Rachel Dalby

Female 35 Vets

1st: Alison Carter
2nd: Jane Raper
3rd: Bernadette Doab
4th: Lisa Worrall
5th: Catherine Clemette
6th: Lisa Worton
7th: Helen Johnston
8th: Karen Hutchinson
9th: Juliana Shauq-Blake

Female 45 Vets:

1st: Kay Stokes
2nd: Sally Dack
3rd: Wendy Spreadbury
4th: Susan Walker
5th: Rosanne Lightfoot
6th: Julie Foley

Female 55 Vets:

1st: Christine Richardson
2nd: Sandra Main
3rd Erika Enisz
4th: Claire Brodrick
5th: Jean Coleman

I'd Just like to thank the 52 Marsh House runners for running, and well done!!!!!!!!!!!!!!